



Ova & Parasite (O+P) Collection Instructions for Patients

Instructions: Obtain a Stool Collection Kit containing 3 vials (or sterile containers). If the doctor has ordered the test to be performed **X3**, you will be given 3 kits.

1.	Label your containers with: a) Your full name b) Your date of birth c) <u>Date and time of collection</u>
2.	These specimens may be collected <u>at home</u> . Collect Stool Specimen in the large white container (hat) provided by the laboratory. Do not let stool fall into the toilet or become contaminated with water.
3.	Using the collection spoon attached to the cap, take a portion of the stool and place it into each of the 3 vials until the liquid reaches the line on the container and stir. If ordered X3 , repeat for each set of containers on 3 different days.
4.	If collecting in sterile containers, put a walnut size portion in each sterile cup from 3 different days.
5.	Place the specimens in the transport bag provided and promptly return to the lab for testing.
6.	If ordered X3 , specimens may be kept and returned at the same time. <u>Do not refrigerate.</u> Specimens should be kept at room temperature at all times.