



Department of Pathology and Laboratory Medicine  
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## INSTRUCTIONS FOR 24-HOUR URINE COLLECTION

### 1. START OF COLLECTION

- Note time and date of first urine below.
- **DO NOT SAVE THE FIRST VOIDED URINE.**

### 2. 24 HOUR COLLECTION PERIOD

- Save all urine collected for the next 24 hours.
- Use plastic "hat" provided or a clean cup to collect urine.
- Pour collected urine into the 24-hour urine container provided.
- **DO NOT** urinate directly into 24-hour urine container as it might have potentially hazardous preservatives.
- Mix urine container after the addition of new urine.
- Keep the urine refrigerated during collection.

### 3. END OF COLLECTION

- With the last urine collected, note time and date below.
- Last urine should be collected as close as possible to the start time.
- **Return this form, the doctor's order, and the container to the laboratory within 24 hours of finishing the collection.**
- Be sure to lid is secured tightly to avoid any leaks in transit.

#### IMPORTANT:

- Non-labeled or incorrectly labeled urine containers will not be accepted.
- Some 24-hour urine collection may require a blood test. Check in with the laboratory if blood needs to be drawn.
- If you have any questions about the 24-hr urine collection procedure, call (401) 737-7000 ext. 35335.

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|-----------------------------------------------------------------------------|--------------------------|
| <b>Patient Name:</b> _____<br><br><b>DOB:</b> _____<br><br>Place label here | <b>Start Date:</b> _____ |
|                                                                             | <b>Start Time:</b> _____ |
|                                                                             | <b>End Date:</b> _____   |
|                                                                             | <b>End Time:</b> _____   |